

Meet the Primary Mental Health Care Team (PMHT)

The Primary Mental Health service gives general advice, guidance, consultation and group training for professionals who work with children and young people who may be displaying emerging mental health/emotional wellbeing signs and symptoms. The service works with professionals to put in place plans to manage issues and stop them becoming more serious.

The team regularly holds **coffee mornings** and consultations with parents for Children and Young Persons (CYP) with **early presentation** of mental health difficulties, including:

- **Anxiety**
- **Emotional wellbeing**
- **Self-harm**
- **Emotional development**
- **School refusal**
- **Challenging behaviour**

Consultation with the team improves Children and Young Persons emotional wellbeing, allowing parents to support and **recognise early signs** of mental health difficulties. To help prevent further escalation, by means of effective **management and addressing existing concerns**

After a consultation we would appreciate your feedback through our survey monkey.



Cally Lawrie
PMHT Team Leader and PMHT Nurse



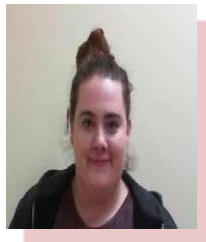
Jayne – Harris Walker
Clinical Psychologist



Sarah Fletcher
PMHT Practitioner



David Marston
PMHT Nurse



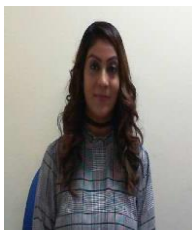
Emma Maurizi
PMHT Nurse



Sana Rana
Trainee Wellbeing Practitioner



Louise Burke
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Saiqa Khalifa
Team Secretary



Shabina Khalifa
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