

Coventry Primary Mental Health Service

Meet the team



Jane Brooks – Team Lead

(Mental Health Nurse)



Adele Phillips

Clinical Psychologist



Jay Thompson

**Primary Mental Health Practitioner
(Mental Health Nurse)**



**Rups Kejriwal
Primary Mental Health
Practitioner**



**Darren Jowett
Primary Mental Health
Practitioner (Social Worker)**



**Annie Brown
Primary Mental Health
Practitioner**



**Jodi Leedham
Assistant Psychologist**

**Rohima Khatun (starts in post soon)
Primary Mental Health Practitioner (Social Worker)**

The Coventry Primary Mental Health Service offers general advice and guidance, consultation and training for professionals who work with children and young people who may be displaying signs and symptoms of emerging mental health/ emotional wellbeing difficulties. Children who display early signs are often better managed within their existing community support. The service aims to empower and upskill professionals to understand and manage some of these presentations during the early stages. We require completion of a survey monkey following consultation in order to review and improve our service.

Our training workshops topics are; Mood, Attachment, Self-Harm, Eating Disorders and Boomerang (a 5 week group programme).

The team also offers an enhanced service within schools. Each term, seven selected schools are provided with consultations, general advice and guidance and training for staff, as well as classroom sessions and assemblies for students. Sessions for students may include topics such as mental health awareness, body image, resilience and exam stress.

In addition, the service provides a monthly clinic to the Family Hubs. The main purpose of these is to provide general advice and guidance and consultations to staff who are concerned about a child or young person's mental health. Training workshops are also provided to the family hub staff.

We are also available on the Navigation Hub three afternoons per week where we screen referrals and manage referral queries on the telephone.

The service can be contacted directly on 02476 961476 or via NavHub on 0300 200 2021.