Meet the Warwickshire Primary Mental Health Care Team (WPMHT)

The Primary Mental Health Care Team provides training for professionals working with children/young people living in Warwickshire. We also offer general advice, guidance and consultations to professionals with the aim of supporting children/young people with mental health/emotional needs. Our service aims to provide Early Intervention support for children experiencing mild to moderate difficulties.

We also offer regular Parent Information Sessions and coffee chats for parents who would like to learn more about common mental health/emotional difficulties in children/young people.

- **Anxiety**
- **Self-harm**
- **School refusal**
- **Sibling Support**
- **Sensory Awareness**
- **Challenging behaviour**
- **Sensory Awareness**
- **Emotional development**

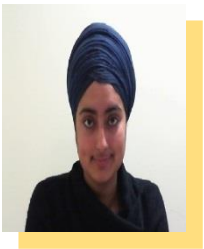
The Primary Mental Health Care Team can also provide 1:1 consultation with parents to help them support their children/young people's mental health/emotional needs. These consultations help parents **recognise early signs** of mental health difficulties, to help prevent further **deterioration.**

Cally Lawrie
PMHT Team Leader
PMHT Nurse

Sarah Fletcher
PMHT Practitioner

Emma Maurizi
PMHT Nurse

Riki Galerakis
PMHT Practitioner



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